



Cofinanțat de
Uniunea Europeană

LICEUL TEHNOLOGIC DE PETROL MORENI

ACREDITARE ERASMUS +

DOMENIUL EDUCAȚIE ȘCOLARĂ

2025-1-RO01-KA121-SCH -000308421

CURS FORMARE

„Fluency & English Language Development Adults”

Furnizor: Executive Training Institute, Malta

Locația: ST. JULIANS, Malta

Perioada: 11-15.05 2026

Beneficiar: SOARE GHEORGHITA SIMONA



*În perioada 11-15.05.2026, am participat în Malta la cursul de formare „**Fluency & English Language Development Adults**”, furnizat de către ETI, Malta.*

Alegerea cursului a venit ca o nevoie de formare pentru îmbunătățirea fluenței și a comunicării în limba engleză.





Objective

- Îmbunătățirea cunoștințelor lingvistice în gramatică, vocabular și pronunție
- Dezvoltarea abilităților lingvistice deja existente, cu accent deosebit pe fluența în limba engleză
- Dezvoltarea abilităților practice în comunicare
- Schimb de informații și cunoștințe pedagogice într-un context multicultural
- Experimentarea moștenirii culturale a Maltei în mediul său lingvistic bilingv



Cursul a fost împărțit în module de bază, după cum urmează:

- 1. Îmbunătățirea fluenței în limba engleză prin discuții pe diverse teme și feedback**
- 2. Revizuirea și aprofundarea gramaticii limbii engleze**
- 3. Îmbogățirea vocabularului**
- 4. Pronunție, accent și intonație**
- 5. Dezvoltarea abilităților de ascultare, citire, scriere și vorbire**



A Sample Course Programme

Fluency and English Language Dev.					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Session 1	Introductions Icebreaker/ Getting to Know You Needs Analysis & Setting Objectives	Fluency Development: Social Communication	The Sounds of English - Pronunciation: Problem Sounds & Word Stress	Increasing your Vocabulary Range	Using Phrasal Verbs
Session 2	Topic-Based Discussion: Travel	Simulation Activity	Topic-Based Discussion: Maltese Culture	Thinking about Differences 1 - Stereotypes	Developing Complexity in Grammar Structures
Session 3	Swapshop- Comparing Educational Systems	Language Clinic	Activity-based Grammar	Language Clinic	Course Evaluation Wrap Up



ZIUA 1

❖Prezentare curs, prezentare formator, formabili (POLONIA, ROMÂNIA, CEHIA,GERMANIA)

❖Analiza nevoilor și stabilirea obiectivelor

❖Discuții bazate pe subiecte de interes general: călătorii

❖Compararea sistemelor de educație din țările de proveniență

INTRODUCTION GRID		
1	SURNAME NAME	
2	NATIONALITY	
3	AGE DATE OF BIRTH PLACE OF BIRTH	
4	SIGN OF THE ZODIAC	
5	HOUSE & FAMILY MEMBERS	
6	EDUCATION & OCCUPATION	
7	PHYSICAL APPEARANCE Height: Weight: Eyes: Hair: Complexion: Peculiarities:	
8	PERSONALITY	
9	HOBBIES SPORTS & LEISURE	
10	PAST EXPERIENCES	



ZIUA 2

Gramatică:

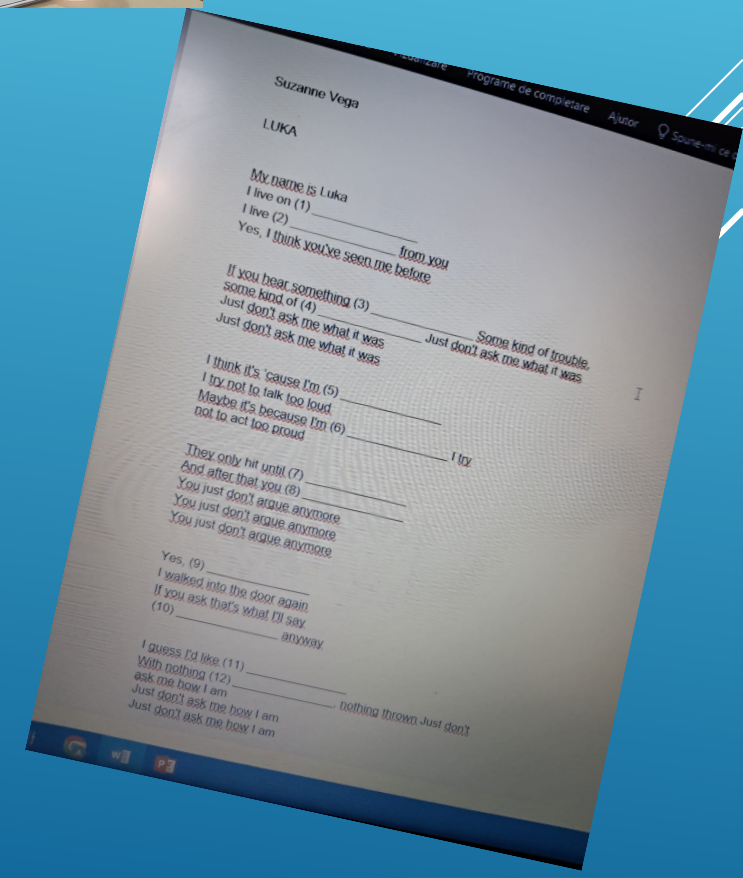
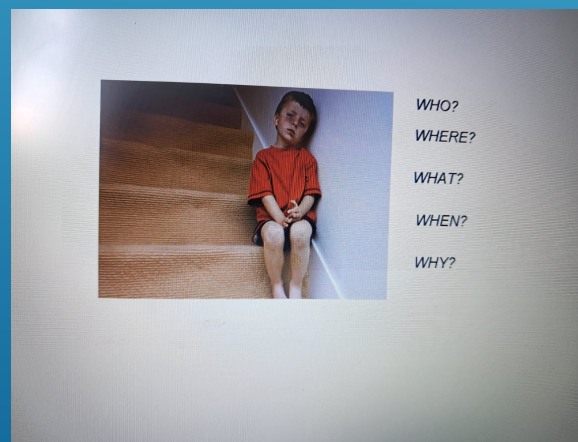
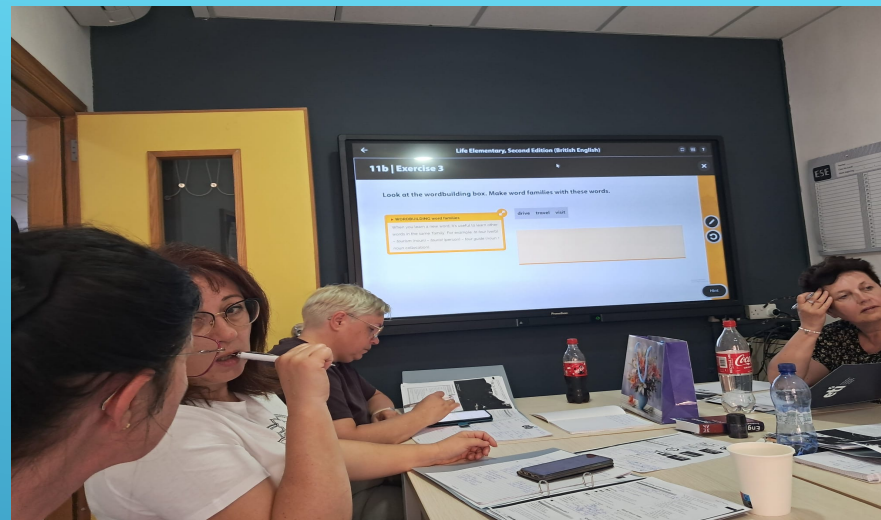
- ❖ numerele cardinale și ordinale(reguli de formulare, pronunție și scriere a zilelor săptămânii, data, anul)
- ❖ Exersarea formelor propozițiilor: afirmativă, interogativă, negativă, răspunsuri scurte, întrebări pentru confirmare, so /neither.

Vocabular:

- ❖ Substantive și adjective pentru naționalități

Listening:

- ❖ Exersare fonetică, pronunție și scriere (Luka, Susan Vega)
- ❖ Discuții despre mesajul cântecului



ZIUA 3

- ❖ **Vocabular:** adjective pentru descrierea fizică și emoțională a lui Luka
- ❖ **Gramatică:** poziția adjectivelor în frază, metoda SASHACOMB, adverbe de frecvență, verbul *to have got*
- ❖ **Aplicație practică:** exersarea abilităților de comunicare în cadrul unei vizite culturale

ORDER OF ADJECTIVES							
NUMBER	OPINION	SIZE	AGE	COLOR	ORIGIN	MATERIAL	PURPOSE
<i>Adjective</i>	<i>Adjective</i>						
<i>A pair of</i>		<i>Adjective</i>	<i>Adjective</i>	<i>Adjective</i>	<i>Adjective</i>	<i>Adjective</i>	<i>Adjective</i>
one	very	small	new	yellow	leather	working	shoes
two	small	medium	old	dark	wool	running	shoes
three	large	large	young	light	wool	casual	shoes
four	big	large	old	pink	leather	casual	shoes
five	very	large	new	yellow	wool	casual	shoes
six	big	large	old	pink	leather	casual	shoes
seven	big	large	old	pink	leather	casual	shoes
eight	big	large	old	pink	leather	casual	shoes
nine	big	large	old	pink	leather	casual	shoes
ten	big	large	old	pink	leather	casual	shoes
eleven	big	large	old	pink	leather	casual	shoes
twelve	big	large	old	pink	leather	casual	shoes
thirteen	big	large	old	pink	leather	casual	shoes
fourteen	big	large	old	pink	leather	casual	shoes
fifteen	big	large	old	pink	leather	casual	shoes
sixteen	big	large	old	pink	leather	casual	shoes
seventeen	big	large	old	pink	leather	casual	shoes
eighteen	big	large	old	pink	leather	casual	shoes
nineteen	big	large	old	pink	leather	casual	shoes
twenty	big	large	old	pink	leather	casual	shoes
twenty-one	big	large	old	pink	leather	casual	shoes
twenty-two	big	large	old	pink	leather	casual	shoes
twenty-three	big	large	old	pink	leather	casual	shoes
twenty-four	big	large	old	pink	leather	casual	shoes
twenty-five	big	large	old	pink	leather	casual	shoes
twenty-six	big	large	old	pink	leather	casual	shoes
twenty-seven	big	large	old	pink	leather	casual	shoes
twenty-eight	big	large	old	pink	leather	casual	shoes
twenty-nine	big	large	old	pink	leather	casual	shoes
thirty	big	large	old	pink	leather	casual	shoes
thirty-one	big	large	old	pink	leather	casual	shoes
thirty-two	big	large	old	pink	leather	casual	shoes
thirty-three	big	large	old	pink	leather	casual	shoes
thirty-four	big	large	old	pink	leather	casual	shoes
thirty-five	big	large	old	pink	leather	casual	shoes
thirty-six	big	large	old	pink	leather	casual	shoes
thirty-seven	big	large	old	pink	leather	casual	shoes
thirty-eight	big	large	old	pink	leather	casual	shoes
thirty-nine	big	large	old	pink	leather	casual	shoes
forty	big	large	old	pink	leather	casual	shoes
forty-one	big	large	old	pink	leather	casual	shoes
forty-two	big	large	old	pink	leather	casual	shoes
forty-three	big	large	old	pink	leather	casual	shoes
forty-four	big	large	old	pink	leather	casual	shoes
forty-five	big	large	old	pink	leather	casual	shoes
forty-six	big	large	old	pink	leather	casual	shoes
forty-seven	big	large	old	pink	leather	casual	shoes
forty-eight	big	large	old	pink	leather	casual	shoes
forty-nine	big	large	old	pink	leather	casual	shoes
fifty	big	large	old	pink	leather	casual	shoes
fifty-one	big	large	old	pink	leather	casual	shoes
fifty-two	big	large	old	pink	leather	casual	shoes
fifty-three	big	large	old	pink	leather	casual	shoes
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fifty-eight	big	large	old	pink	leather	casual	shoes
fifty-nine	big	large	old	pink	leather	casual	shoes
sixty	big	large	old	pink	leather	casual	shoes
sixty-one	big	large	old	pink	leather	casual	shoes
sixty-two	big	large	old	pink	leather	casual	shoes
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sixty-five	big	large	old	pink	leather	casual	shoes
sixty-six	big	large	old	pink	leather	casual	shoes
sixty-seven	big	large	old	pink	leather	casual	shoes
sixty-eight	big	large	old	pink	leather	casual	shoes
sixty-nine	big	large	old	pink	leather	casual	shoes
seventy	big	large	old	pink	leather	casual	shoes
seventy-one	big	large	old	pink	leather	casual	shoes
seventy-two	big	large	old	pink	leather	casual	shoes
seventy-three	big	large	old	pink	leather	casual	shoes
seventy-four	big	large	old	pink	leather	casual	shoes
seventy-five	big	large	old	pink	leather	casual	shoes
seventy-six	big	large	old	pink	leather	casual	shoes
seventy-seven	big	large	old	pink	leather	casual	shoes
seventy-eight	big	large	old	pink	leather	casual	shoes
seventy-nine	big	large	old	pink	leather	casual	shoes
eighty	big	large	old	pink	leather	casual	shoes
eighty-one	big	large	old	pink	leather	casual	shoes
eighty-two	big	large	old	pink	leather	casual	shoes
eighty-three	big	large	old	pink	leather	casual	shoes
eighty-four	big	large	old	pink	leather	casual	shoes
eighty-five	big	large	old	pink	leather	casual	shoes
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eighty-seven	big	large	old	pink	leather	casual	shoes
eighty-eight	big	large	old	pink	leather	casual	shoes
eighty-nine	big	large	old	pink	leather	casual	shoes
ninety	big	large	old	pink	leather	casual	shoes
ninety-one	big	large	old	pink	leather	casual	shoes
ninety-two	big	large	old	pink	leather	casual	shoes
ninety-three	big	large	old	pink	leather	casual	shoes
ninety-four	big	large	old	pink	leather	casual	shoes
ninety-five	big	large	old	pink	leather	casual	shoes
ninety-six	big	large	old	pink	leather	casual	shoes
ninety-seven	big	large	old	pink	leather	casual	shoes
ninety-eight	big	large	old	pink	leather	casual	shoes
ninety-nine	big	large	old	pink	leather	casual	shoes
one hundred	big	large	old	pink	leather	casual	shoes

Put the words in the box in the correct order.



Valletta



ZIUA 4

Gramatică:

- ❖ Present Simple și Present Continuous
- ❖ Excepții, sunete, vocale, diftongi

Vocabular:

- ❖ Parcuri în Londra (Google maps)

Listening

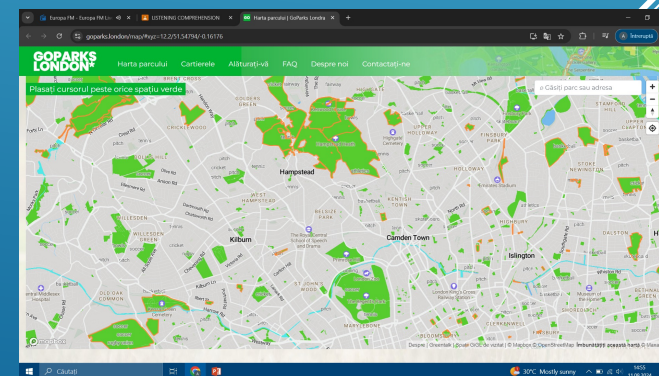
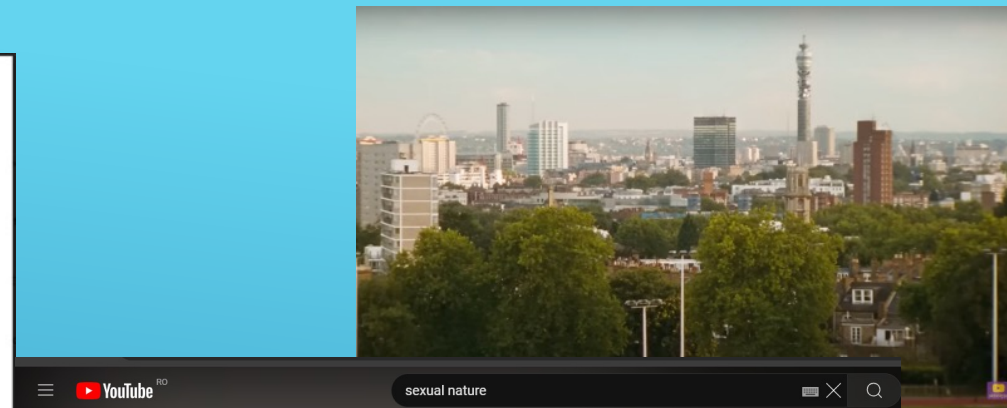
- ❖ Dialog între Cheryl și Brian - partea 1 (secvență de film)

Cheryl and Brian's Bench – DIALOGUE – PART 1

CHUNK N°1	ACTIVITIES
LISTENING COMPREHENSION Would you mind if I...? Oh, no, of course. Is that the best you have? Yes, I'm afraid it is, yes. Oh, ... I... shan't be asking you to dance. I find this very comforting. The view? Yes. Ah, it's wonderful to know that some things... just stay. Although I could do without that bloody tower! Oh, really? I love it that for a while at least, we had ambitions beyond concrete. what would have happened if that chap in Pudding Lane had noticed that fire starting that fire starting I suppose the whole of London would be wooden. Yes, imagine the splinters. Yes, imagine the splinters.	1- Parks (Google maps) Match spelling & pronunciation 1. St James's Park 2. Green park 3. Hyde Park 4. Regent's Park 5. Hampstead Heath 6. Greenwich Park 7. Kensington Gardens a. /sɪt dʒeməz 'pɑ:k/ b. /grɪn 'pɑ:k/ c. /haɪd 'pɑ:k/ d. /rɪdʒənts 'pɑ:k/ e. /hæmpstəd 'hi:θ/ f. /kənɪŋŋtən 'gɑ:dnz/ g. /kənɪŋŋtən 'gɑ:dnz/ 2 - Vocabulary for parks (10 words) Translate Bench _____ Hill _____ Pond _____ Lake _____ Path _____ Tree _____ Bush _____ Flowerbed _____ Meadow _____ Grass _____

Cheryl and Brian's Bench – DIALOGUE – PART 1

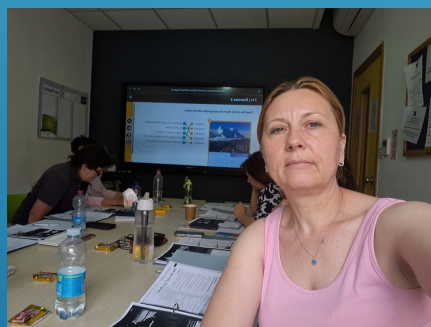
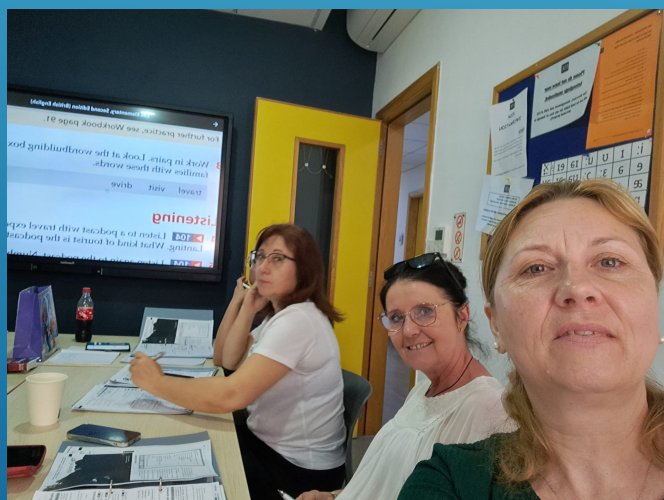
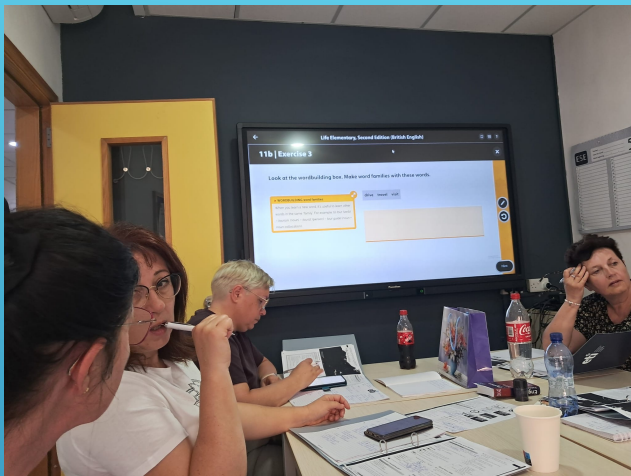
CHUNK N°1	ACTIVITIES
LISTENING COMPREHENSION Would you mind if I...? Oh, no, of course. DO YOU COME HERE OFTEN Is that the best you have? Yes, I'm afraid it is, yes. Oh, DON'T WORRY /daʊnt 'wɒri/ I... shan't be asking you to dance. I find this very comforting. The view? Yes. Ah, it's wonderful to know that some things... just stay. Although I could do without that bloody tower! Oh, really? I LOVE IT. /at lʌv ɪt/ I love it that for a while at least, we had ambitions beyond concrete. DO YOU EVER WONDER /jo 'evə 'wʌndə/ what would have happened if that chap in Pudding Lane had noticed that fire starting ALL THOSE CENTURIES AGO that fire starting I suppose the whole of London would be wooden. Yes, imagine the splinters. BY THE WAY I DO /baɪ ðə weɪ aɪ duː/ What? Come here often. Do you? EVERY WEDNESDAY /evri 'wenzdeɪ/ as a matter of fact. To this very bench. Well, I never! Be careful who you ask next time. Yes, I will. Well, that is extraordinary. IT'S JUST A HABIT /ɪts dʒʌst ə 'hæbɪt/ How long have you been coming here? Oh, Oh, NEARLY FIFTY YEARS /niːrli 'fɪfti jəʊz/ That's a lot of Wednesdays. Not as many as it might be. I'm a strict observer of holidays.	1- Parks (Google maps) Match spelling & pronunciation 1. St James's Park 2. Green park 3. Hyde Park 4. Regent's Park 5. Hampstead Heath 6. Greenwich Park 7. Kensington Gardens a. /sɪt dʒeməz 'pɑ:k/ b. /grɪn 'pɑ:k/ c. /haɪd 'pɑ:k/ d. /rɪdʒənts 'pɑ:k/ e. /hæmpstəd 'hi:θ/ f. /kənɪŋŋtən 'gɑ:dnz/ g. /kənɪŋŋtən 'gɑ:dnz/ 2 - Vocabulary for parks (10 words) Translate Bench _____ Hill _____ Pond _____ Lake _____ Path _____ Tree _____ Bush _____ Flowerbed _____ Meadow _____ Grass _____ 3 - History Great Fire 02 nd SEP 1666  1. _____ 2. _____ Match pictures & definitions: a) Monument to the Great Fire of London – London Bridge London b) BT Tower – Fitzrovia London





ZIUA 5

- EXERCIIII DE GRAMATICĂ
- EVALUAREA CURSULUI





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Acest material a fost realizat pe baza cunoștințelor dobândite în urma participării la cursul de formare cu tema „ Fluency & English Language Development Adults „ desfășurat în perioada 11-15.05.2026, în ST. JULIANS, Malta, curs organizat de către ETI Malta și finanțat de Comisia Europeană prin programul Erasmus+.

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